

Smash Burgers Transcript

0:00:00.030,0:00:03.570

everyone loves burgers and I want to

0:00:02.159,0:00:05.910

share how to take your burgers to the

0:00:03.570,0:00:07.950

next level this summer I'm chef Gavin

0:00:05.910,0:00:09.210

with a Certified Angus beef brand and

0:00:07.950,0:00:11.340

I'll show you how to make a delicious

0:00:09.210,0:00:14.630

double smash burger that will be the

0:00:11.340,0:00:14.630

envy of everyone in your nature

0:00:15.130,0:00:18.569

[Music]

0:00:19.380,0:00:23.440

first you have to start with the best

0:00:21.760,0:00:25.960

ground beef the Certified Angus beef

0:00:23.440,0:00:27.520

brand it meets all ten of the quality

0:00:25.960,0:00:29.890

standards that the brand steaks and

0:00:27.520,0:00:31.390

roasts do most importantly the marbling

0:00:29.890,0:00:32.800

that it's famous for is just as

0:00:31.390,0:00:34.690

important in the ground beef

0:00:32.800,0:00:37.510

it melts as it cooks and will make your

0:00:34.690,0:00:40.629

burgers so flavorful my go-to ground

0:00:37.510,0:00:43.210

beef is ground chuck it's 80% lean 20%

0:00:40.629,0:00:46.559
fat and that's the perfect ratio for any

0:00:43.210,0:00:48.790
great burger let's get the beef ready

0:00:46.559,0:00:52.559
because these are going to be smashed

0:00:48.790,0:00:52.559
burgers I'm not going to make patties

0:00:52.859,0:00:57.559
I'm going to roll it into ping-pong

0:00:54.989,0:00:57.559
sized balls

0:01:00.309,0:01:05.290
after washing my hands it's time to make

0:01:03.039,0:01:09.040
the special sauce combine mayonnaise

0:01:05.290,0:01:14.229
mustard grated onion hot sauce and a

0:01:09.040,0:01:16.210
little Worcestershire sauce my grill is

0:01:14.229,0:01:18.790
preheated and as you can see I have a

0:01:16.210,0:01:21.909
cast iron griddle on top you can also

0:01:18.790,0:01:23.560
use a couple large cast iron pans cast

0:01:21.909,0:01:25.270
iron is great because it can handle the

0:01:23.560,0:01:28.090
heat of the grill and gives you the

0:01:25.270,0:01:30.009
smooth surface you need for smashing I'm

0:01:28.090,0:01:32.170
going to start by buttering and toasting

0:01:30.009,0:01:33.490
the buns until they're golden brown then

0:01:32.170,0:01:39.280
set them aside

0:01:33.490,0:01:41.360

[Music]

0:01:39.280,0:01:43.790

now for the fun part

0:01:41.360,0:01:45.409

take your meatballs and put them on the

0:01:43.790,0:01:47.030

griddle you can hear them start to

0:01:45.409,0:01:50.149

sizzle but just wait

0:01:47.030,0:01:52.909

use a large spatula to smash each one

0:01:50.149,0:01:55.070

down I like to use a second spatula to

0:01:52.909,0:01:56.420

give myself some extra leverage as we

0:01:55.070,0:01:59.929

want to get them about a quarter-inch

0:01:56.420,0:02:03.860

thick and now it's time to smash the

0:01:59.929,0:02:05.840

rest of the package as they cook they're

0:02:03.860,0:02:09.470

forming a really delicious crust on one

0:02:05.840,0:02:11.360

side before flipping season them with

0:02:09.470,0:02:14.840

salt and pepper and a spread of special

0:02:11.360,0:02:16.790

sauce on one side it's time to flip that

0:02:14.840,0:02:20.150

sauce is gonna cook into the burgers and

0:02:16.790,0:02:22.069

give it a really unique flavor see how

0:02:20.150,0:02:24.230

nice that crust is and how good those

0:02:22.069,0:02:26.630

crispy edges look that makes for

0:02:24.230,0:02:28.400
next-level flavor now I'm going to top

0:02:26.630,0:02:31.100
half the patties with good old American

0:02:28.400,0:02:32.810
cheese nothing melts better since these

0:02:31.100,0:02:35.840
are thin burgers they're gonna cook

0:02:32.810,0:02:37.730
through pretty quickly I want to stack a

0:02:35.840,0:02:43.609
plain patty on top of each of the cheese

0:02:37.730,0:02:45.500
patties it's time to finish building the

0:02:43.609,0:02:48.620
burgers on the bottom buns

0:02:45.500,0:02:50.150
smear some more special sauce then add

0:02:48.620,0:02:55.040
shredded lettuce and tomato

0:02:50.150,0:02:56.870
then top with the burgers this classic

0:02:55.040,0:03:01.030
double smash burger is a great way to

0:02:56.870,0:03:01.030
take your burger game to the next level

0:03:03.350,0:03:05.410
you